

# The Morning Calm Weekly

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Sept. 23, 2005

Harlem Globetrotters dazzle crowds across peninsula

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The Morning Calm Weekly is



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CPL. SADIE BLEISTEIN

## Silent Salute

*Participants observe a moment of silence in front of the General Douglas MacArthur Statue in Freedom Park, Incheon, Sept. 15, in remembrance of the lives lost during the Incheon Landing Invasion. The moment was one of many events carried out as part of the 55th Anniversary Incheon Landing Operation Commemoration Ceremonies. In addition to the gathering at Freedom Park, American and Republic of Korea civilians and servicemembers participated in activities at the Incheon Landing Operation Memorial, where wreath was laid in memory of all who served, and two wreaths were laid at sea in remembrance of those who died during the invasion. For related story, see Page 3.*

## OHA approved for non-command sponsored families

Korea Region Office Public Affairs

**YONGSAN** — As of Oct. 1 any Soldier drawing BAH-II due to non-command sponsored dependents residing in the area of the Permanent Duty Stations will be entitled to Overseas Housing Allowance at the “with dependents” rate.

Though no explanation was given for the change, Capt. Sidney Braddy, 175th Finance Command banking liaison, said the change will benefit the Soldiers effected.

“Financially, this is great news for these Soldiers,” Braddy said. “Now they will get additional monies to pay utilities and other expenses involved in having a family here in Korea.”

As an example of how the change will effect Soldiers, Braddy said a non-command sponsored E5 in Area I with dependents current receives Basic Allowance for Housing-II at a rate of \$624 per month. As of Oct. 1 that same sergeant will get OHA at the “with dependents” rate (\$666.46), as well as utilities at the “with dependents” rate (\$603.31) for an increase of \$645.77.

For information on how changes may impact them, Soldiers are encouraged to visit the 175th FINCOM Web site at <http://175fincom.korea.army.mil>.

## U.S. Forces Korea announces change of commander

### Gen. LaPorte to leave post in early 2006

USFK Public Affairs

**YONGSAN** — The President of the United States has nominated Gen. Burwell B. Bell to succeed Gen. Leon J. LaPorte as the Commander of United States Forces in Korea.

LaPorte will relinquish command of United Nations Command, ROK-U.S. Combined Forces Command and United States Forces Korea at a date to be determined in early 2006. LaPorte is the longest serving commander in USFK history, assuming command of UNC/CFC/USFK May 1, 2002.

Bell currently serves as the commander of United States Army Europe and has held that position since December 2002. He has also served as the commander of NATO's Land



Gen. Burwell B. Bell

Component Command Heidelberg since March 2004.

Bell's appointment was made in close consultation and with the full concurrence of the Republic of Korea government. His appointment is subject to confirmation by the United

States Senate.

The assignment will be a return to the peninsula for Bell, who served as an armor battalion operations officer at Camp Casey, Korea, from June 1979 until June 1980, and he has extensive experience with the Korean Theater as former commander of III U.S. Corps at Fort Hood, Texas, from August 2001 to November 2002.

Bell's military career began when he was commissioned upon graduation from the University of Tennessee at Chattanooga where he received his undergraduate degree in Business Administration.

He received a Master of Science in Systems Management from the University of Southern California. From 1969 to 1972, Bell spent his initial assignment in the Army with the 3d Squadron, 14th Armored Cavalry Regiment in Bad Hersfeld, Germany.

Bell's command positions include the 2nd Squadron, 9th Cavalry, 24th Infantry Division (Mech) from 1985 to 1987 at Ft. Stewart, Georgia; and the 24th ID's 2nd Brigade from 1991 through 1993, also at Ft. Stewart. From June 1995 through August 1996, he served as the assistant division commander, 1st Infantry Division (Mech) in Bamberg, Germany. He commanded the U.S. Army Armor Center and Fort Knox from July 1999 thru August 2001.

Bell's staff positions include service as an ROTC Instructor at Texas Tech University; Force Plans Analyst for the Army DCSOPS; and joint staff officer responsible for the Unified Command Plan in the J5, Joint Chiefs of Staff. Additionally, he was a tank battalion S3 in Korea and the chief of staff of 3rd

See USFK, Page 4



## MP Blotter

The following entries were excerpted from the past several weeks military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

■ The military police were notified of a larceny of Army & Air Force Exchange Service property. Investigation revealed that a Soldier was observed via closed circuit television entering a dressing room with several articles of clothing. He then exited the store wearing some of the clothing without rendering proper payment for items in his possession. The Soldier was detained by store security until the arrival of the military police. The Soldier was transported to the MP station where he was advised of his legal rights, which he invoked, requesting a lawyer. The Soldier was released to his unit. All merchandise was returned.

■ Military Police were notified by e-mail of larceny of private funds and property, false official statement, conspiracy and forgery. A Soldier reported that another Soldier had forged, and negotiated one of her personal checks. The office of the staff judge advocate reported that the same Soldier had sold a second Soldier's privately owned vehicle without her consent and conspired with a civilian accomplice to forge three of her personal checks, which she subsequently cashed. When questioned, the Soldier admitted to forging and cashing one of the other Soldier's personal checks at a community bank. She claimed the Soldier had given her a blank check to use as a loan. She further admitted to conspiring with her civilian accomplice to steal more personal checks, which she cashed without consent and also admitted to selling the other Soldier's vehicle without her consent. Investigation continues by United States Criminal Investigations Command.

■ Military Police were notified of a larceny of private property, larceny of private funds and house breaking. MPs revealed through investigation that person(s) unknown broke out the deadbolt lock of the front door to a Soldier's off-post apartment and gained access. The person(s) then stole golf clubs, women's diamond necklace, pearl necklace and emerald ring, men's diamond ring, various watches, and \$300 in cash. A search of the area for subject(s) met with negative results. The Soldier rendered a written sworn statement attesting to the above incident. Investigation continues by KNP.

# Opportunities, adventures abound in Land of Morning Calm

By 2<sup>nd</sup> Lt. Collazo Viruet

Company E, Forward Support Battalion

It is amazing how you can progress in the Army. I remember six years ago when I decided to enlist in the Army Reserve back in Puerto Rico, as a Pfc. 63J (mechanic of quartermaster and chemical equipment), looking for new challenges in my life. Now I am a second lieutenant infantry officer, but assigned to a Forward Support Company at Camp Eagle, on active duty fulfilling my first duty assignment in Korea.

People asked me why I chose Korea as my first duty station if I knew that I would be away from my wife and kids. Why, they wondered, didn't I instead pick some place like Fort Hood, Texas, or Fort Carson, Colo., where mechanized infantry is abundant.

My answer is a simple one: More challenges, adventure and a chance to travel the world. One entire year, that is just what I need to visit all of the Republic of Korea and to complete my assignment.

For many Soldiers an assignment overseas can bring with it lots of negative symptoms. As the time nears for you to PCS, some symptoms could be:

■ **Anxiety:** You want to know exactly where you will be stationed at, who will be your boss, how your family will feel because of your absence, and in my case, how many Soldiers will be under my supervision.

Questions like, when and where will I get an apartment and how long it will take me to be done with all the in-processing are things that Soldiers often worry about.

■ **Homesickness:** You will miss your house, family, friends and most of the things you like to do in your free time. At least you can reduce this by staying in communication with your loved ones — just make sure you buy a couple of calling cards.

■ **Emotion:** Believe me; as soon as you got into Korea what most of the Soldiers use to do is find a telephone in the airport and call back home to let their relatives know that they are at the other side of the world.

■ **Curiosity:** Because you will be introduced to a different culture you would like to know about the citizens, food and how things differ from those we are used to seeing on a daily basis.

■ **Sickness:** Some Soldiers react

different to some things, a good example is the introduction to Korean food. The body's digestive system sometimes is not used to these new foods and when you eat them you may get sick. If you like the food, though, keep eating it and your body should adjust to the change. In the long run it is likely worth the trouble, as many Korean foods are delicious.

■ **Self-organization:** Not so much a symptom, this is more a technique to avoid PCS-related problems. You are going to a place that you don't know yet, so you need to create your own plan. For example, you might want to check out some Web sites that highlight your new home away from home. Planning ahead will let you hit the ground with a plan already in place.

If you still feel any or all of these symptoms, don't worry too much, once you arrive you will see how easy adjustment can be. In the meantime just make sure you get set up, get everything you need and enjoy your tour in Korea.

I have been here for about four weeks and I can tell you that there is always something to do, so get out of the barracks and look for it.

## Morning Calm Weekly Soundoff:

### What MOS would you choose if you could switch jobs?



"Laanguage specialist. I want to help Koreans and Americans better understand each other."  
— Cpl. Park Joung G., administrative specialist, Area II Support Activity



"Special Forces medic, so I could help people and take care of the wounded." — Lt. Col. Steve Bunch, G4 Plans chief, Eighth U.S. Army



"Transportation would be my selection 'cause it requires low promotion scores." — Spc. Kenta Sands, generator mechanic, 595th Maintenance Company



"A storekeeper, since my whole career had to do with supply and logistics." — YNCS Kathy Kamego, flag writer, Combined Naval Forces, Korea

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Support and Defend



## NEWS &amp; NOTES

**AFCEA Technical Luncheon**

The Armed Forces Communications and Electronics Association will hold a Technical Lunch Tuesday at the Yongsan Garrison Main Post Club. The luncheon will be from 11:30 a.m. to 1 p.m., and will feature Col. Michael R. McPherson as a guest speaker. For information, call 725-5413.

**Financial Peace University at CRC**

Financial Peace University, a spiritually based, 13-week course designed to help participants change their financial future, will be offered Thursdays at Camp Red Cloud, Building T817. The classes will begin at 7 p.m. each week.

Based on a program started by Dave Ramsey, FPU teaches participants to make sound money decision to achieve their personal financial goals. Cost of the class will be based on students' needs. Any military ID cardholder is eligible to participate.

**Awana Clubs Offered Mondays**

Awana Clubs, offering a variety of Christian-themed games, puppets, crafts, awards and other activities, is open to children pre-K to eighth grade, are now being offered. The weekly club will be open from 6:30 - 8 p.m. Training for volunteers is 8:30 a.m. Saturday at Yongsan Garrison's South Post Chapel.

**Master Sergeant Promotion Board**

The promotion board from Sergeant First Class to Master Sergeant will convene Oct. 4. Sergeants first class with a date of rank before Oct. 4, 2003, and a BASD between Oct. 4, 1982, and Oct. 5, 1997, are eligible for selection (79R with a BASD between Oct. 4, 1980 - Oct. 3, 1982, are also eligible). Those competing must have completed ANCOC and have received at least a secret security clearance or a favorable National Agency Check, Local Agency Check and a credit check. Competitors also must have a high school diploma or a GED Equivalency.

In order to remain competitive, qualified sergeants first class must ensure that their Enlisted Records Brief, Official Military Personnel File, Noncommissioned Officer's Evaluation Report and military photo are up to date and properly sent to the Enlisted Records and Evaluation Center. Qualified sergeants first class should contact their S-1 or PSB for all assistance.

**TMCW Submissions**

To submit an item for use in The Morning Calm Weekly, send it to MorningCalmWeekly@korea.army.mil. Deadline for submission is close of business the Friday prior to the date the item is to be published. All submissions should include a contact name and telephone number. For information, call 738-3355.

# Military, Korean leaders recall Incheon Landing

**Cpl. Sadie Bleistein**

8th U.S. Army Public Affairs

**YONGSAN** — It happened 55 years ago, 1950, when Joint Task Force Seven carried a 70,000-man force into the dangerous tides of Incheon Harbor.

Commanded by Gen. Douglas MacArthur, the invasion led some of our finest Soldiers behind the North Korean supply lines and far behind their North Korean combat lines. This event caused the North Korean Army to become ineffective within two weeks.

The 55th Anniversary Incheon Landing Operation Commemoration Ceremonies were held Sept. 15.

"Today marks the fifty-fifth anniversary of the Incheon Landing Operation. The Incheon Landing Operation and the 1944 Normandy Landing are considered the two most famous operations of their type in world combat history," said Ahn Sang-Soo, Incheon Metropolitan City mayor. "We are well aware that the success of the operation became a crucial turning point for the war. Our courageous joint forces were able to carry out a successful counter attack against the enemy."

The first event of the ceremony was a wreath laying ceremony at sea. The ceremony was a remembrance for those who lost their lives during the invasion. Maj. Gen. Duane D. Theissen, commander U.S. Marine Forces Korea, along with the mayor; Lt. Gen. Kim,



CPL. SADIE BLEISTEIN

*A ROK Navy seaman plays a trumpet after two wreaths are laid at sea during the 55th Incheon Landing Operation Commemoration Ceremony.*

Myung-Kyun, commandant of the ROK Marine Corps; and other distinguished guests gathered on the side of a patrol boat to lay the wreaths to sea.

"I would like to honor the sacrifice of those who lost their lives during the landing, and express my heartfelt sympathy to the bereaved families who lost loved ones, and to those who still suffer from injuries sustained that day," said Ahn.

"The Korean War left us in deep pain and sorrow. It killed or injured millions

of people and devastated this beautiful land. Fortunately though, 55 years ago today, the successful Incheon Landing Operation minimized casualties."

Continuing on with the ceremonies, the group returned to land and made their way to Freedom Park where they honored the statue of Gen. Douglas MacArthur.

"All of the citizens of Incheon, including myself will protect this statue," said the mayor. Flowers and wreaths were presented at the base of the statue along with a moment of silence.

"General MacArthur directed his staff to develop a daring and audacious plan, an amphibious operation at Incheon," said Thiessen. "Although extremely difficult, he knew that if he attacked at Incheon, his forces with the ROK alliance would be positioned to liberate Seoul and attack the communist forces from the rear."

After the ceremony at Freedom Park, the group convoyed to the Incheon Landing Operation Memorial where another wreath was laid atop the landing memorial in memory of all those who served and those who lost their lives.

"On this day 55 years ago, the fate of our nation was hanging by a thread," said Kim Myung Kyun. "The Incheon Landing Operation will forever be remembered as the event that rolled back

See **Incheon**, Page 4

## Patriot Express ends Oct. 1, PCS flights switch to Incheon

**Sgt. Christopher Fincham**

8th U.S. Army Public Affairs

**YONGSAN** — The good news is that troops who are changing duty stations will gain much more flexibility when planning their overseas moves. The bad news is that when you go on mid-tour leave — you're going to have to pay for it.

This, according to Air Force Maj. Mark Debenport of USFK logistics, who said that after more than 40 years of service, the Patriot Express that flies in and out of Korea will drop off its' last passengers into Osan Air Base Sept. 28.

The military's chartered commercial air service, which handles more than 340,000 passengers annually to locations in the European, Central, Southern and Pacific commands, is being "restructured," to save an estimated \$67 million a year. The changes were brought forth because too few people were using the flights, according to Debenport.

"Basically the Patriot Express, worldwide, was looked at, and it was losing \$67 million a year because not enough military personnel were using the aircraft," said Debenport. "They were flying partially empty, so the contract was losing money."

What was happening, Debenport explained, was that while the seats on the Patriot Express flights were contracted in order for servicemembers to change duty stations to overseas locations, services' transportation offices were routinely purchasing commercial tickets for troops to fly. What was once mandatory for personnel PCSing had, at some point, become inconvenient or undesirable.

"It's a double-edged sword," Debenport said. "Nobody wants to fly PE when they're PCSing in or out, but when they go to take their mid-tour leave they want to fly it because it's free. But because nobody wanted to fly PE — it's going away."

So now, beginning Oct. 1, instead of going through reception at Osan, all personnel — Army, Air Force, Navy and Marines — are going to come in on commercial flights into Incheon International Airport. Here servicemembers and their families will be welcomed to the peninsula by a "world-class reception" managed by the 1st Replacement Company.

"The way the process will work is that a Soldier, Marine, airman, or seaman and their family will get off of the aircraft and first work themselves through immigration," said Debenport.

"Then they will go down to the baggage area and pick up their bags. At the far ends of each side of the baggage terminal is USFK customs. After they go through USFK customs they will come out of the baggage area where there will be a uniformed military employee who will direct them to the 1st Replacement Co. and the joint-reception area. From there servicemembers will be processed on to their new assignments."

Transportation will be provided from the airport as an intricate schedule of more than 20 buses will run throughout the day to move servicemembers on to their new units. The maximum wait, according to Debenport, should not be more than an hour.

While Korea is the first to be affected, all Patriot Express routes, except for those into locations that are not losing money, those with no commercial service or where there are force protection considerations, will be phased out over a four-year period.



Sgt. Christopher Selmek

U.S. Forces Korea commander General Leon J. LaPorte presents the 8th U.S. Army women's ten-mile team with coins and congratulates them Sept. 13 on their hard work. The 8th Army men's and women's teams depart Saturday for the Army Ten-Miler in Washington, D.C.

# 8th Army teams gear up for Army Ten-Miler

By Sgt. Christopher Selmek  
Area II Public Affairs

**YONGSAN** – Runners competing for Eighth U.S. Army in this year's Army Ten-Miler received a pep talk from their commanders Sept. 13 at the United Nations Command building.

The two teams include nine males and seven females. They will travel to Washington D.C. Sept. 27 to compete in the annual event that draws teams from virtually every installation in the Army. U.S. Forces Korea Commander, Gen. Leon J. LaPorte, and 8th U.S. Army Commander, Lt. Gen. Charles C. Campbell, had only encouragement and praise to offer the athletes.

"You folks did dynamite last year, so now you have a lot of high expectations resting on you," said LaPorte. "You've always been great ambassadors for the 8th Army; I know you will continue to work for us. You have our full support."

Campbell offered some words of wisdom to the runners.

"Anything in life that is honorable to achieve is hard work," said Campbell, "but we try to make sure your conditions are optimal so you can work your hardest and do your best. You represent your comrades here very well, and we

commend you for your effort."

Last year's 8th U.S. Army teams took second place in both the men's and women's races. Six men and one woman are returning from last year's team, though virtually all have run previously with different sponsors.

"We have a very senior team this year and I think that helps us," said Maj. Keith Matiskella, a member of the 8th U.S. Army team. "This is the first time I've ever seen all the guys on a team run 10 miles in under an hour, and that's really good. Even though we only need four guys to score, it's nice to know someone could have a bad day and we'd still win."

Both teams plan on spending the remaining time until the event working out three times a day, staying hydrated and focusing on how they will run the race.

"Training with the team is more than just physical conditioning," said Maj. Sylvia Bennett, the lone returning female runner. "It's also about building up the state of mind they need to run the race."

The officials at the ceremony had some parting advice to the runners.

"Anything worth doing is worth doing right," said Command Sgt. Maj. Barry Wheeler. "If you try your hardest and do everything you can, you're going to win."

## USFK from Page 1

Infantry Division in Würzburg, Germany. From August 1996 to July 1999 he served as chief of staff of V Corps, and as DCSOPS and subsequently chief of staff, U.S. Army, Europe and 7th Army.

Bell deployed as USCINCCENT's executive officer in Desert Shield/Desert Storm; and later served as chief of staff, USAREUR Forward Headquarters, Taszar, Hungary during Operation Joint Endeavor in the Balkans.

## Incheon from Page 3

the tide of war, a beacon to freedom and courage for victory to the nation."

Several hundred South Korean war veterans alongside four platoons of Republic of Korea Army, Navy and Marine servicemembers gathered at the memorial to honor this day and moment in their history.

"Due to the noble and selfless sacrifice of thousands of Korean and United Nations servicemembers, the

Republic of Korea has achieved spectacular progress and prosperity," said Theissen. "The differences between North and South Korea are stark.

"The daily freedoms enjoyed today by the citizens of the Republic of Korea were painstakingly earned by the commitment and dedication of our Korean War veterans. This commemoration is a small measure of our thanks for their efforts."

AD  
GOES  
HERE



## Harlem Globetrotters electrify Camp Casey

By Spc. Timothy W. Dinneen

2nd Infantry Division Public Affairs

**CAMP CASEY** — Camp Casey's Carey Physical Fitness Center served as the big top arena Sept. 14 when the clowns of the court played a basketball game resembling a three-ring circus.

The world-famous Harlem Globetrotters performed for Soldiers and toyed with the New York Nationals at their Camp Casey stop on a tour that's taken them to nine overseas bases in Japan, Korea and Guam for servicemembers and their families.

The Globetrotters put to shame their hapless rivals 75-40 in a game presented by the Navy Morale, Welfare and Recreation Division and Armed Forces Entertainment.



A Globetrotter takes a shot during the game.

"The Globetrotters are about first-class entertainment and community support," said Mannie Jackson, Globetrotters owner and chairman. "There's nothing more important than supporting our military community, giving them a well-needed break, some good laughs and good memories. We are honored to be invited to bring one of America's favorite pastimes to those troops stationed overseas."

Bright lights, the smell of popcorn, and deafening music filled the gymnasium as the crowd stood on their feet clapping and smiling. Led by ring leader Kevin "Special K" Daley, the players dressed in red, white and blue ran onto the court.

"What makes a Globetrotters' game unique is you don't have to be a basketball fan to enjoy it," said Daley, the team's top showman and self-proclaimed "Voice of the Globetrotters."

He said along with special plays, high flying dunks and dazzling dribbling there is also a little theatre and a lot of comedy.

Daley, who played wearing a microphone, didn't waste any time in the first quarter as the 6-foot-5-inch forward mocked calls made on the floor and pulled jerseys over opposing player's heads.

The Globetrotters ran a dizzying weave offense that confused the defense, taking advantage of superior ball movement and size. The quarter

See **Globetrotters**, Page 7



PHOTOS BY SPC. CHRISTOPHER STEPHENS

Harlem Globetrotter Kevin "Special K" Daley (left) tells teammate Michael Wilson to stop playing around Sept. 14 because the game is about to start.



Globetrotters' players go through their world-famous weave offense.



"Special K" takes a break and waves from the audience as one of his teammates shoots a free throw during the first half.



## NEWS & NOTES

### October FAST Class

The Camp Red Cloud Education Center will hold the FAST Class for GT-score improvement Oct. 17-21. Those interested in taking the class must take the pre-TABE test, offered 8 a.m. every Monday at the education center. The deadline for registering for this class is Oct. 14.

### Holiday Seminars

The education centers at Camps Red Cloud and Stanley are offering Good Cheer and Eager Student seminars over the Columbus Day holiday weekend, Oct. 8-11. For schedules and more information, contact your education center.

### Military Idol finals

Area I Morale, Welfare and Recreation personnel will host the Area I Military Idol semifinals 7 p.m. Sept. 30 at Camp Red Cloud's Mitchell's Club, and the finals 2 p.m. Oct. 1 at Camp Casey's Gateway Primo's Club.

### Stars of Tomorrow

The Area I Entertainment Office will host the Stars of Tomorrow talent show 7 p.m. Oct. 8 at Camp Casey's Gateway Club. Those interested in participating can sign up at your local Community Activities Center.

### Osan Flight Stoppage

Effective Oct. 1, no more PCS flights will leave from Osan Air Base. All PCS flights will depart from Incheon Airport. The Incheon shuttle bus will depart Camp Casey at 6 a.m. and 3 p.m. daily; the 3 p.m. bus will make a stop at Camp Red Cloud and depart again at 4 p.m.

### Town Hall Meetings

U.S. Army Garrison, Camp Red Cloud officials will host Town Hall meetings at 10 a.m. in the CRC theater and 2 p.m. in the Camp Stanley theater Oct. 26.

### Hispanic Heritage Celebration

The 2nd Infantry Division and Area I Equal Opportunity Offices will host a Hispanic Heritage event at noon Oct. 14 at the Commanding General's Mess on Camp Red Cloud. Sgt. Maj. Angel Maldonado, U.S. Army Garrison, Camp Casey will be the guest speaker.

### Hispanic Heritage Essay Contest

The 2nd Infantry Division and Area I Equal Opportunity Offices are holding a Hispanic Heritage essay contest. The topic is "Hispanic Americans: Strong and Colorful Threads in the American Fabric." Entries should be one-and-a-half-pages long, and must be submitted to the 2ID EO office no later than 4 p.m. Oct. 12. The winning entry will be read at the Hispanic Heritage event Oct. 14.

# Air defense Soldiers prepare for move

By Spc. Timothy W. Dinneen

2nd Infantry Division Public Affairs

**CAMP SEARS** — Soldiers with the 5th Battalion, 5th Air Defense Artillery Regiment, at Camp Sears are wrapping up a six-month transformation movement to Fort Lewis, Wash.

Lt. Col. Daniel Sauter III, battalion commander, said the move is part of the drawing down of forces in Korea into "composite battalions" as part of a larger strategy to better fight the war on terror.

Soldiers have been packing and loading air defense equipment and vehicles to be sent by train from Camp Sears south to Port Busan. The cargo will then be sent overseas to its final destination at Fort Lewis, where it will await its unit.

The regiment will retain its name at the new post; however, as part of the transformation they will become the first "Slam Ram Battalion" in the Army, Sauter said.

As part of an international mission under U.S. Forces Command, the new battalion will fight the war on terror utilizing surface launch Avengers and range air missiles enabling the unit to engage long range targets, he said.

The regiment is the only unit currently at Camp Sears. After the move, the camp is slated to be turned over to the Area I Support Activity, Korea Region Office, Installation Management Agency, until return to the Korean government, scheduled for December.

All of the equipment is scheduled



SPC. TIMOTHY DINNEEN

The streets of Camp Sears stand empty as Soldiers of the 5th Battalion, 5th Air Defense Artillery Regiment, prepare to depart for Fort Lewis, Wash.

to be completely moved out by mid-September. Three of the four batteries are expected to be cleared from Camp Sears by mid-October, while Delta Battery will remain in country, said Battalion Command Sgt. Maj. Scott Oakley. The 30 Korean Augmentation to the U.S. Army Soldiers in the battalion will be reassigned or repositioned throughout the peninsula.

"There will be minimal degradation of readiness," Oakley said.

Capt. Jonathan C. Stafford, Headquarters and Headquarters Battery, said moving is a three-pronged process. First, Soldiers identified excess property and non-deployable property to be disposed of. Then, Soldiers readied deployable equipment by cleaning it in order to receive certification by

the U.S. Department of Agriculture. Finally, the Soldiers turned to post buildings and facilities to eliminate excess furniture and to verify the electricity is operational in order to turn over a functioning camp.

Oakley said the transformation has gone smoothly because of the command's decision to plan this move around templates used by previous units.

"We can hand off their plans to future units," Sauter said.

Oakley said the battalion is looking forward to the move because they are able to move as a family and everyone did a marvelous job executing the move, performing everything to standard.

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## Under construction



SPC. STEPHANIE PEARSON

Safety barriers surround the torn-up parking lot of the Camp Red Cloud Commissary Wednesday. Construction is under way to build a new taxi stand and bus station at this location to replace the existing facilities near the front gate. "We had an opportunity to move in conjunction with the city of Uijeongbu's road-widening project," said William Kapaku, U.S. Army Garrison, Camp Red Cloud deputy director. "We took a look at where most Soldiers live so we could bring these services to them. Now you won't see Soldiers doing the 'duffel bag drag' down to the bus station in the mornings." Kapaku said officials also are hoping to put a food service outlet in the new bus station to accommodate travelers who miss meals during transportation. The new facilities are expected to be completed in about seven months, Kapaku said.



# Warriors learn combat life-saving techniques

By Spc. Stephanie Pearson

Area I Public Affairs

**CAMPRED CLOUD** — Twenty-three Warriors gathered together Sept. 12-16 in the Camp Red Cloud Army Community Service classroom for a week of combat lifesaver training.

“Combat lifesaver courses basically train Soldiers to become first responders on the battlefield,” said class instructor Sgt. Chris Donohoe, Headquarters and Headquarters Service Company, Service Troop Battalion. “It takes ‘buddy-aid’ to the next higher level.”

During the course, students learned basic first-aid techniques like evaluating a casualty, stopping

bleeding, splinting fractures and clearing objects from the throat of a casualty. Once they mastered the basics, Soldiers moved on to medical-aid procedures, such as inserting intravenous lines, treating environmental injuries and giving first aid in a nuclear, biological or chemical environment.

The class used textbooks and lectures as well as practical, hands-on exercises.

“The hands-on training was the best,” said Spc. Jeffrey van Geete, HHSC, STB. “It’s what you would actually do in real life, and a chance to apply what you learned in a book.”

“Anyone can sit and read a book,” Donohoe explained. “We try to use real-life experiences to

get the point across.”

Donohoe said inserting an IV into a classmate is the hardest part of the course.

“For most people, it’s the biggest hurdle,” he said, “but once they get past it and complete the task, they have increased confidence in the fact that they can do what needs to be done.”

Van Geete agreed, saying, “I know I can step up in an emergency and help out.”

Donohoe said that is the most important part of the training.

“Everything you learn in class can be used not only on the battlefield, but also on a day-to-day basis,” he explained. “These are very necessary life-saving skills.”

Combat lifesavers were implemented into the U.S. Army during the 1980s and got their first real-world experience during the invasion of Grenada.

“The Army found that combat lifesavers definitely added to the overall survivability of wounds on the battlefield,” he said. “The CLS were able to administer initial care, so when the medics finally arrived the casualties had a higher chance of surviving.”

Having CLS-qualified battle buddies should make Soldiers feel better about going into battle, van Geete said.

“If you’re in a company that has five medics but 15 combat lifesavers, you can feel comfortable knowing that there are people who can take care of you,” he explained. “We’ll handle the basic first aid so the medics can move on to the more critical injuries.”

Donohoe encouraged all Soldiers to take the course.

“Becoming a CLS ensures that you can take care of your buddies,” he said. “You not only help out your fellow Soldiers, but improve the overall fighting strength of your unit.”



SPC. STEPHANIE PEARSON

Sgt. Matthew Crandall, Headquarters and Headquarters Company, 2nd Infantry Division (left), inserts an intravenous line into the arm of Sgt. Kent Tsukida, HHSC, 2ID, while class instructor Sgt. Chris Donohoe looks on.

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## Globetrotters

from Page 5

ended with an explosive dunk by Anthony Greenup, giving the Trotters a 22-18 lead.

Crowd participation was part of the show, as two children from the crowd were selected to take part in the “Dress Up Game” between quarters.

Starting at one end of the floor, the two contestants had to put on Globetrotters jerseys followed by the team’s shorts and finally the shoes. Swimming down the court in the oversized uniforms the contest ended with one player making a basket as the other struggled to keep his shorts up.

Pulling out to a 40-23 lead with 4:12 left in the second quarter, Daley made his presence felt again. Sneaking up behind a Nationals player attempting a free throw, Special K pulled the shooter’s shorts down to the amusement of the crowd. Seeking retribution, the Nationals’ guard retaliated in kind only to find Daley wearing an extra pair of red and white striped shorts with stars streaming down the side.

The Nationals went to their locker room at the half with their heads down trailing 57-34.

“Looks like the Trotter’s are going to win,” said Sgt. Glenn Roberts,

Brigades Troop Battalion, watching the Globetrotters play for the first time in person.

He said he decided to come out to get away from the barracks and to catch a different kind of basketball game.

The Globetrotters closed the third quarter with a 69-36 lead by converting long range jumpers, playing stifling defense and making acrobatic dunks.

Music lifted the crowd to its feet while the Globetrotters remained on the floor and performed a between quarter dance show accompanied by their mascot Globie. The crowd responded by mimicking the players’ steps, waving their arms and laughing to start the fourth quarter.

Weaving their way to yet another victory, the Globetrotters received the help of a young fan in the crowd. Action stopped when the child rushed onto the court, grabbed the ball and shot a lay up that circled the rim before rolling out.

“I thought you said you could make it,” Daley boomed.

As the crowd encouraged the youngster with shouts of “try it again,” he converted his second attempt to much applause. Play resumed when the child returned to his seat wearing a



SPC. CHRISTOPHER STEPHENS

After nabbing an audience member’s purse, Daley requests a kiss for giving it back.

Globetrotters T-shirt and sweat band.

The game ended as it began with the Globetrotters executing their weave offense, running down the clock for just

enough time to slam home a 75-40 victory as the crowd brought down the circus tent with cheers.

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## POW/MIA ceremony honors veterans

By Sgt. Christopher Selmek

Area II Public Affairs

**YONGSAN** — American Prisoners of War and Missing in Action were honored by servicemembers and civilians gathered at Knight Field Sept. 15 for POW/MIA Recognition Day.

P O W / M I A Recognition Day, officially the third Thursday in September, expresses America's commitment to those unaccounted servicemembers.

Eighth U.S. Army Commander Lt. Gen. Charles C. Campbell paid his respects to the Soldiers during the ceremony.

"We stand together today to acknowledge those who have served our nation and who endure in our hearts, yet are beyond our reach," he said. "Soldiers, sailors, airmen and Marines from every major war, including the Cold War, and one servicemember from the Persian Gulf War, continue to be missing in action. Absent among us, but not absent in our hearts."

A proclamation from President George W. Bush was also read.

"Throughout our proud history, America's sons and daughters have answered the call to defend our fundamental liberties and to safeguard the freedoms of peace-seeking countries around the globe," said Bush in the proclamation. "Representing the finest this nation has to offer, the members of our armed forces have given everything of themselves in defense of the independence and

democracy we hold so dear."

In remembering these heroic men and women, it is with profound respect and solemn appreciation that we single out those missing in action," it continued.

"Their courage and devotion to duty, honor and country — often in the face of brutal treatment and torture by their captors — will never be forgotten by the American people."

Campbell said there are more than 8,000 American military personnel still missing from the Korean War. Since 1996, American teams have recovered more than

180 sets of remains believed to be American Soldiers, and that 10 have been positively identified and returned to their families for burial. These search efforts are still ongoing.

"We continue to search for our missing servicemembers so that we may provide closure to their family members and properly acknowledge their sacrifice that they made for this great nation in the name of freedom and liberty," he said.

Near the end of the ceremony, Campbell posed the question why such ongoing efforts were important.

"Some may ask: 'Why go to such lengths?' " he said. "Why do this for the dead? We do it because we are committed to all our warriors, past and present. This effort is a demonstration of a commitment to our warrior ethos -- an ethos we all embrace. An ethos that says we will never leave a fallen comrade."

And so, if anyone should ever ask



Pvt. Lee Yang Won

The guidon bearer renders a salute to Lt. Gen. Charles C. Campbell at the start of the American Prisoners of War and Missing in Action ceremony Sept. 15.

"Where is the faith? Where is the loyalty?" the answer shall be — here," he said, pointing to his heart. "Here, in the harbor of our hearts, enduring forever. Know this on this day and on every subsequent day,

we will never forget."

The ceremony concluded with a prayer and the playing of Taps.

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## Trotters trot to Yongsan



Cpl. Seo Ki-chul

Harlem Globetrotter Forward Robert Turner autographs Noah Hummel's basketball during an autograph session Sept. 14 at the Yongsan Main PX. The Globetrotters stopped by the PX on the way to an exhibition game at Camp Casey.

## Hannam Village Fall Festival set for tomorrow

By Steve Davis

Area II Public Affairs

**YONGSAN** — The entire Area II and Yongsan community is invited to the third annual Hannam Village Fall Festival noon-6 p.m. Saturday at the Hannam Village Softball Field.

"The festival is a wonderful way to introduce Korean culture and custom to families at Hannam Village and the entire Area II community," said Hannam Village Coordinator Sgt. 1st Class Naleene Trader.

Korean dance and music performances will take place, along with visitor participation events,

including a traditional Korean wedding, a chance to play Korean drums and cymbals or to make and taste Korean food.

Traditional Korean games like Je-Gi (kicking shuttlecock) and Too-ho (arrow-throwing game) will also be offered, along with kimchi- and kite-making booths. There will also be exhibits of Korean arts and crafts and free Korean food samples.

American culture will also be represented at the festival. A musical ensemble from the 8th U.S. Army Band will perform. A dunk tank, a kid's games area and a row of concessions will provide a carnival-like aire. Food and drink

will be provided at reasonable prices by Outback Steakhouse, TCBY, Starbucks, the Girl Scouts, and the Army and Air Force Exchange Service, among others.

Free T-shirts to the first 300 people, prizes and raffles — including two round-trip tickets to the United States — will be presented.

The fall festival is a cooperative effort between Area II Support Activity, the Korea National Housing Corporation and Korea Housing Management and Maintenance to promote friendship and cooperation in the Korean-American community.

### Hannam Village Fall Festival Schedule of Events

Noon	Korean folk music band and parade
12:30 p.m.	Welcome remarks
1 p.m.	Mini-concert
1:30 p.m.	Ballet dancing / martial arts demonstration
2:30 p.m.	Korean traditional dance and music, including the Korean Folk Village Music Band
3 p.m.	Shaman's Exorcism and Celebration of communal rites
4 p.m.	8th U.S. Army Band Musical Ensemble
5:45 p.m.	Closing ceremony



# Born to Ride!

***“Road Dragons” take on five-hour trek to Wonju, but don’t be fooled by the outfits***

By Sgt. Christopher Selmek

Area II Public Affairs

**YONGSAN** — More than 200 motorcycles rumbled out of Seoul and across the Han River during the 1st Annual Easyriders - Korea and Yongsan Motorcycle Club Poker Run and Rally Sept. 10-11. The rally promoted the strong relationship between the U.S. personnel stationed in Korea and the people of Korea.

The Yongsan Motorcycle Club, named the “Road Dragons,” spent the last six months coordinating with Korean motorcycle enthusiasts, said Road Captain Scott Steuerwald, who was the U.S. coordinator and liaison between Easyriders - Korea and the U.S. and foreign motorcycle riders.

Joung Jin-woo, the owner of Easyriders - Korea and Mark Lambert, president of the Yongsan Motorcycle Club, led the group to the rally site in Wonju. The trip took approximately five hours with two short stops for fuel and food. All was accomplished safely and effectively with the cooperation of local police departments from each city throughout the ride.

“I’d really like to thank the Korean police who helped us, both as a safety issue and because they really did a very professional job escorting us out to the site,” said Road Dragons President Maj. Mark Lambert, Combined Forces Command. “We had a few vehicles break down but no accidents, and everybody enjoyed themselves.”

The poker element came in as a way to add even more fun to an event that already appealed to bikers throughout Seoul.

“It’s just a hand of poker,” said Road Lieutenant Dana Loomis. “At the beginning everybody gets a card, then another at the first rest stop, two at the second and one at the end. We awarded prizes given to us by sponsors for the top seven hands. We also conducted a raffle throughout the event for other prizes donated by vendors.”

Yet another part of the fun, at least according to one rider, came with the apparel.

“This isn’t Hell’s Angels,” said Wayne Walk. “You have professionals, junior and senior officers, noncommissioned officers, Department of the Army civilians and Department of Defense contractors that ride and you still have the persona and the cool-looking gear. It’s like playing dress up, and it’s fun.”

“We try to educate the public that the term ‘bikers’ should



PHOTOS BY SGT. CHRISTOPHER SELMEK

Members of the Yongsan Motorcycle Club “Road Dragons,” in conjunction with motorcycle enthusiasts from around Seoul, roar down the highway during the first annual Poker Run and Rally Sept. 10 and 11.

not necessarily have a negative connotation,” Lambert said. “We wear chaps and leather for a reason; it protects us from the weather and in case of an accident.”

Further proof that the stereotype was being shattered came in the form of two female riders, Kim Mi-kyoung, the spouse of the owner of Easyrider - Korea, and one American, who came not as a spouse but as independent riders, on their own bikes.

“Women haven’t ridden motorcycles as much as men because the stigma used to be that motorcycles were dangerous,” said Air Force Capt. Evette Rees. “Riding in a formation like this is one of the safest ways to travel, and I grew up with dirt bikes so I always love an opportunity to rider on rougher types of roads.”

Or as Chaplain (Lt. Col.) Jim Jones put it, you don’t need to fit a stereotype to be a good person.

“Ride, ride, ride,” he said. “I just like to ride. I don’t care where. I don’t care when. I just like to ride.”

The group of 200 was composed of almost 60 percent Koreans and 40 percent non-Koreans, many came from all

over the Korean peninsula, said Lambert.

“We’re in support of the command emphasis [on] safety and on Korean and American relations,” he said. “This is our way, as the Yongsan Motorcycle Club ‘Road Dragons’ of engaging Koreans and earning that friendship.”

The YMC is a private organization open to everyone with or without a motorcycle. There are no dues to be a member, but participation is a must. YMC holds meetings twice a month, at 6 p.m. Wednesdays. The purpose of the YMC is to promote the safe operation of motorized two- and three-wheeled motorcycles and organized group motorcycle riding in the Republic of Korea. The club supports many activities throughout the year to include the Columbus Day Parade, Korean Retired Persons, HI-Seoul Festival and they sponsor local charities and orphanages. Rides and events are planned throughout the year. For information, e-mail ymc\_roaddragons@yahoo.com or visit the Web site at www.roaddragons.com.

E-mail Christopher.M.Selmek@us.army.mil



Above: Easyriders motorcycle repair store teamed up with the Road Dragons to invite more than 100 Korean citizens to the rally for fun and friendship between the two cultures.

Right: Air Force Capt. Evette Rees walks her motorcycle into Wonju Base Camp at the end of the rally, where the bikers would barbeque and celebrate into the night.





# Filipino get-together energizes community

By Cpl. Seo Ki-chul

Area II Public Affairs

**YONGSAN** — Three hundred Filipinos, Filipino-Americans and their families and friends were energized by the first Area II Filipino get-together picnic Sept. 4 at picnic areas one and two.

Teddy Datuin, chairperson of Filipino Americans and Friends in Korea, initiated the picnic to give Filipinos and



*Lt. Col. Frederick Riker and his wife Malou Riker join in 'Apple Dancing,' holding an apple between their foreheads as they sway to the music..*

Area II residents a chance to get to know each other and to comprehend cultural diversity.

"Today is a day for all of us to expand our list of friends and acquaintances regardless of nationalities," said Datuin during his welcoming remarks. "Please join the picnic saying 'Kumusta' which means 'How are you' in Filipino to the people next to you."

Following the welcoming address, attendees were attracted to the special taste of Filipino traditional cuisines -- some even the Filipinos in the crowd had never experienced. In addition to a variety of dishes, a group of female singers, "The Four," stimulated appetites for Filipino culture by performing traditional Filipino songs.

"The get-together is not only for Filipinos but anybody who wants to get along with the Filipino community," said Datuin to the day's guests. "Feel free to join the event while feeling at home because we consider you part of the Filipino extended family."

A variety of activities such as apple dancing, ball passing, the train game and athletic activities aroused attendee's interest and participation.

In commemoration of the first



PHOTOS BY CPL. SEO KI-CHUL

*Jenny Haines, middle, and other kids enjoy themselves playing 'Caterpillar,' the train game.*

get-together, lots of raffles were given to the winners, including four kids' bikes, candies and chocolates.

Overall, most of the attendees praised the event as a success.

"This is a true example of the real Filipino community from all walks of life," said 2nd Lt. Peter Flores, 6th Battalion, 37th Field Artillery Regiment. "Thanks to this kind of event, we can easily access other

cultures and understand different ways of life."

Datuin said he is scheduling another get-together at either Thanksgiving or Christmas for Filipinos, Americans and others.

Those who want to join upcoming Filipino events or get information, may logon to [www.filfam.com](http://www.filfam.com) or e-mail Datuin at [teddy.datuin@us.army.mil](mailto:teddy.datuin@us.army.mil).

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## NEWS & NOTES

### National Hispanic Month

National Hispanic Month is ongoing through Oct. 15 at the Yongsan Main Post Library with the sounds of Latino music. Come enjoy the spicy sounds of this music. The library also has a wide variety of DVDs, videos and books highlighting this culture. For information, logon to <http://yongsanlibrary.net/>.

### National Family Day

National Family Day will be held in Area II Saturday through Monday to provide parents and children an opportunity to share quality fun time. Activities include booths at the Saturday Hannam Village Festival; family lunches Monday at the Child Development Center; 50 percent discount Monday at the Family Fun Park; Bowl for \$1 a game at Yongsan Lanes 6-8 p.m. Thursday with free shoes and refreshments; free family movies Sept. Saturday through Monday; and more. For information, call 738-6816.

### SOFA Stamp Service

ACS Relocation Readiness will provide Status of Forces Agreement Stamp Services starting at 2 p.m. Tuesday at the Community Services Building. For information, call Army Community Service at 738-4617.

### Education Centers Limit Services

Education centers throughout the peninsula will have limited counseling service and staffing from Monday to

Friday due to a mandatory Annual Education Professional Development Training Workshop 2005. For information, call 723-4290.

### Job Fair

An employment/volunteer job fair will be held at the Dragon Hill Lodge 9 a.m. – 3 p.m. Sept. 30. There will be lunch and a “dress for success” fashion show. Childcare will be provided. Come see what the community has to offer. For information, call ACS Employment Readiness at 738-8977 or 7999.

### Blue Funk Old School Jam

Phi Beta Sigma Fraternity Inc. will host a Blue Funk Old School Jam 8 p.m. – 2 a.m. Oct. 1. This is a throwback 70s dance party that promises great social fun for the entire community that will include participants dressing in their favorite 70’s attire. For information, call 737-5800.

### Area II Family Readiness Group Rally

The Area II Family Readiness Group will hold a rally 10 a.m. – 2 p.m. Oct. 1 at the Seoul American High School gymnasium. For information, call Edwin Morales at 738-4655.

### Make-up NEO Training

The Area II Non-combatant Evacuation Operations office will offer a make-up NEO warden/representative training session at 1 p.m. Oct. 5 at the Multi-purpose Training Facility to those personnel who could not attend on Sept. 13. The make-up brief will cover both new warden/representative training and an

## On the Web

Visit the Area II home page at <http://ima.korea.army.mil/area2> for these exclusive Web-only stories:

■ **Free Music Workshop:** Oregon Catholic Press composer and clinician Tom Kendzia performed a free concert at Memorial Chapel Sept. 9, followed by a free musical workshop the next day. The concert and workshop energized local Catholic musicians with new ideas of how it is important for music and church to be linked together.

abbreviated CC 05-2 exercise brief. For information, call 738-5013 or 8563.

### AFCEA Luncheon

The Seoul Chapter of the Armed Forces Communications and Electronics Association invites all current, potential and non-members to attend their next luncheon 11:30 a.m. – 1 p.m. Tuesday at Uptown Lounge, Main Post Club. \$15 will cover the cost of drinks, buffet and gratuity. To make reservations or for information, call 723-8062 or e-mail [georges@korea.army.mil](mailto:georges@korea.army.mil).

### Area II Transportation Coordination Orientation

Area II transportation coordinators and any units wanting to utilize Motor Pool vehicles are invited to an orientation briefing at the Multi-Purpose Training Facility 9 – 11 a.m. Oct. 7. Soldiers attending the briefing must have a Transportation Coordinators Memo on file at the Area II Motor Pool in order to request any vehicle

■ **SAES celebrates Star-Spangled Banner:** Over 1,100 students, kindergartners and teachers from Seoul American Elementary School celebrated the anniversary of the National Anthem Sept. 14 at the school playground. This is the first commemoration in Yongsan, for Francis Scott Key’s composition “the Star-Spangled Banner.”

support. For information, call Staff Sgt. Nagy at 738-4515.

### Fire Prevention Week

National Fire Prevention Week will be observed Oct. 9-15. This year’s theme is “Use Candles with Care.” Statistics show that candle fires are one of the few types of home fires that have risen considerably over the past decade. In addition, there will be multiple tests of fire alarms on Yongsan and Hannam Village throughout the week, and the Fire Department will have its open house including multiple types of training. For information, call 738-5200.

### Catholic Three-Day Retreat

There will be a women’s cursillo retreat Oct. 27 – 30 and a men’s Nov. 17 – 20. Both will be held at the 8th Army Retreat Center near Yongsan Garrison. For information, e-mail [behrends1@hotmail.com](mailto:behrends1@hotmail.com) or see the Holy Family Parish bulletin.

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# Taking steps to prevent, correct identity theft

**Special to The Morning Calm Weekly**  
Camp Red Cloud Legal Center

Identity theft and “phishing” scams are becoming commonplace in today’s e-commerce society. If you believe that you are a victim of identity theft, the first step you should take is to activate a fraud alert on your credit reports through the three major credit reporting agencies: Equifax, Experian and TransUnion.

This places a flag on your accounts and requires creditors to take extra steps to verify your identity before they open any new accounts in your name. After activating the fraud alert, order your

**Consumer Reporting Companies**  
**Equifax** 800-685-1111  
*Fraud Alert:* 888-766-0008  
www.equifax.com  
**Experian** 888-EXPERIAN (888-397-3742)  
www.experian.com  
**TransUnion** 800-916-8800  
*Fraud Victim Assistance:* 800-680-7289  
www.transunion.com

credit report and review it carefully for any unauthorized accounts.

Next, you should close the accounts that you know, or that you suspect, have been tampered with or opened fraudulently. Contact the creditor directly and report the issue to a representative in the fraud or security department. Follow up with a letter to verify that the account has been closed and the unauthorized charges removed from the account.

Also, request that the creditor send you a letter verifying the steps taken in closing the account. It is important to have a letter from the creditor as proof that the account was closed and that you reported the fraudulent activity.

Third, file a report with your local police or police in the community where the identity theft occurred. If your purse or wallet is stolen, notify police immediately. Make sure that you receive a copy of the report, or at least the report number. If the police do not want to take your identity theft report, contact the state Attorney General’s Office to file a report.

Your final step should be to file a complaint with the Federal Trade Commission. You can fill out this complaint online through FTC’s Web site (www.ftc.gov). The FTC

also has a specific military identity theft complaint form.

Notifying the FTC enables them to coordinate with other agencies and authorities to investigate the identity theft. The FTC also has an identity theft affidavit available on their Web site, which is useful when reporting unauthorized charges and accounts to banks and other companies.

If you are a victim of identity theft, also keep a log of steps taken and contacts made and make copies of all documents involved. In addition, you should contact the Social Security Administration if you suspect that your Social Security Number has been stolen or used without your permission.

There are several steps you can take to prevent becoming a victim of identity theft. Check your credit report at least once a year and read financial account statements carefully. Under The Fair and Accurate Credit Transactions Act of 2003, you are now entitled to one free credit report per year from each of the credit reporting agencies.

To request this free report, go to www.annualcreditreport.com or call 1-877-322-8228. Be alert for signs of identity theft, including:

missing bills or other mail; receiving credit cards you didn’t apply for; being denied credit for no apparent reason; getting calls or letters from debt collectors about merchandise or services you didn’t buy.

Choose unique passwords for credit cards and bank accounts. Secure personal information in your home and shred documents before putting them in the trash.

Be wary of giving out personal information over the phone, internet, or mail unless you initiated the contact or know who you are dealing with. Also, be cautious when responding to “promotions” that require you to provide personal information.

If you are deploying, you can place an active duty alert on your credit report to minimize the risk of identity theft. This type of alert is effective for one year and offered by the three credit reporting agencies.

If you suspect you have been a victim of identity theft, take immediate steps to protect your financial health. Anyone with questions or who requires assistance in dealing with identity theft or with any financial situation, may contact their installation or area legal assistance office.



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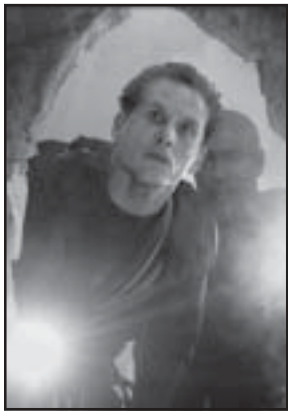
Sept. 23-29

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AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEY 730-7354	Hustle & Flow R	Hustle & Flow R	Transporter 2 PG-13	Transporter 2 PG-13	Wedding Crashers R	Wedding Crashers R	Sky High PG-13
HENRY 768-7724	The Devil's Rejects R	The Cave PG-13	The Cave PG-13	Wedding Crashers R	No Show	No Show	No Show
HUMPHREYS 753-7716	Transporter 2 PG-13	Transporter 2 PG-13	Transporter 2 PG-13	Wedding Crashers R	Wedding Crashers R	Hustle & Flow R	Hustle & Flow R
HIALEAH 763-3120	The Cave PG-13	High Tension R	Bad News Bears PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	Sky High PG-13	Transporter 2 PG-13	Sky High PG-13	Hustle & Flow R	Transporter 2 PG-13	Hustle & Flow R	Bad News Bears PG-13
KUNSAN 782-4987	The Island PG-13	The Island PG-13	Charlie and the Chocolate Factory PG	No Show	No Show	No Show	Hustle & Flow R



**The Cave** -- A rescue team is sent down into the world's largest cave system to try to find the spelunkers who first explored its depths. But when the group's escape route is cut off, they are hunted by the monstrous creatures that live down below.



**The Transporter 2** Retired in Miami, ex-Special Forces operative, Frank, makes a living driving for the wealthy Billings family. He's a huge favorite with their two small boys, but when the kids are kidnapped and injected with a potentially fatal virus, Frank defies the FBI and works relentlessly to get the boys to safety and discover the kidnapper's master plan.



**Wedding Crashers** Vaughn and Wilson star as a pair of divorce mediators who spend their weekends crashing weddings in a search for Ms. Right...for a night. But when one of them falls for the engaged daughter of an influential and eccentric politician at the social event of the year, they get roped into spending a weekend at the family's palatial waterfront estate and quickly find themselves in over their heads.



**Sky High** -- When you're the son of the world's most legendary superheroes The Commander and Jetstream, there is only one school for you - Sky High, an elite high school that is entrusted with the responsibility of molding today's power-gifted students into tomorrow's superheroes. The problem is that Will is starting with no superpowers of his own and, worst of all, instead of joining the ranks of the "Hero" class, he finds himself relegated to being a "Sidekick." Now he must somehow survive his freshman year while dealing with usual -- and super -- problems that accompany teenage life.



**Hustle & Flow** Though DJay, a streetwise Memphis pimp, has always had a way with words, that gift has long been misused; this philosopher-hustler lives a dead-end life at the fringes of society. Still, DJay wonders what happened to all the big dreams he had for his life. A chance encounter with an old friend, Key, a sound engineer who has always wanted to make it in the music business, spurs DJay: if he's ever going to make his mark, it has to happen now.



**Just Like Heaven** A San Franciscan man falls in love with a female spirit he encounters in his home. The dilemma is that the woman whose ghost he's swooning over has been in a coma for months, and, unless he does something, she'll be taken off life support.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LONG 721-3407	Batman Begins PG-13	Dukes of Hazzard PG-13	Batman Begins PG-13	Dukes of Hazzard PG-13	No Show	No Show	No Show
OSAN 784-4930	Just Like Heaven PG-13	Just Like Heaven PG-13	Just Like Heaven PG-13	Wedding Crashers R	Wedding Crashers R	Hustle & Flow R	Hustle & Flow R
RED CLOUD 732-6620	Transporter 2 PG-13	The Devil's Rejects R	The Devil's Rejects R	Wedding Crashers R	Sky High PG-13	No Show	Just Like Heaven PG-13
STANLEY 732-5565	Hustle & Flow R	Hustle & Flow R	Sky High PG-13	Sky High PG-13	No Show	Just Like Heaven PG-13	Wedding Crashers R
YONGSAN I 738-7389	Just Like Heaven PG-13	Just Like Heaven PG-13	Sky High PG-13	Wedding Crashers R	Wedding Crashers R	Hustle & Flow R	Hustle & Flow R
YONGSAN II 738-7389	Just Like Heaven PG-13	Bad News Bears PG-13	Bad News Bears PG-13	Bad News Bears PG-13	Bad News Bears PG-13	Sky High PG-13	Sky High PG-13
YONGSAN III 738-7389	The Perfect Man PG	The Perfect Man PG	War of the World PG-13	Charlie and the Chocolate Factory PG	Charlie and the Chocolate Factory PG	Charlie and the Chocolate Factory PG	Dark Water PG-13



# Putting God first can calm hectic world

By Chaplain (Capt.) Steve Ashbrook

Camp Carroll Installation Chaplain

Another year is drawing to a close and the holiday season will soon be upon us. It seems like it was only yesterday that we finished paying off the bills from last year’s holiday festivities.

So where does time go? Where does it come from? Why does it seem to pass so quickly one day and then so slowly the next?

Time seems to be a mystery to everyone. For example, why did it seem when we were young, as though we would never be old enough to do the things we desired to do? When I was a boy it always seemed as though Christmas or my birthday would never come. Yet, now in reflection, it appears that somehow, suddenly “we were of age.”

This of course is where the real irony begins. Once

we became old enough to do what we want to do, there never seems to be enough time to do it. Or, perhaps even worse, we discover that we have become too old to enjoy what time we do have. Without a doubt, time is a phenomenon that simply can not be packaged or marketed.

I have often wondered how much time has been simply lost because of people focusing on their past. Why do we do this? We know we can not modify nor change the past in any fashion. Yet, countless moments are forever lost on what might or should have been.

Admittedly, if we were to sit down and attempt to plot out the course for our use of time, we would quickly discover that time management does not

always work well on paper. Yet, surprisingly, “with God all things are possible!”

It is simply amazing that when we put God first, there always seems to be enough time for what we need to do. Even more interesting, when God is placed first in our lives, our work and our relationships all begin to work together in such a unique harmony that is just simply unparalleled in this modern world.

So, with all of the hustle and bustle of the holidays soon to be upon us, I would like to encourage each of us to take sometime today, to focus on our relationship with God, and to consider what it means to put him first. Try it and don’t be surprised if your life is more meaningful and fulfilling.

“... countless moments are forever lost on what might or should have been.”

## Area IV Worship Services

### Protestant

Collective	Sunday	10 a.m.	Camp Carroll
		10:30 a.m.	Camp Henry
		10:45 a.m.	Camp Hialeah
		11 a.m.	Camp Walker
		12:45 p.m.	Camp Walker
Church of Christ	5 p.m.	1 p.m.	Camp Carroll
			Camp Walker

Collective	Friday	7 p.m.	Camp Walker
		7 p.m.	Camp Carroll
Korean	Tuesday	7 p.m.	Camp Carroll
		6:30 p.m.	Camp Walker
Korean	Wednesday	11 a.m.	Camp Hialeah

### Catholic

Mass	Sunday	9 a.m.	Camp Walker
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Mass	Sunday	9 a.m.	Camp Hialeah
Mass		11:45 a.m.	Camp Carroll
Mass	Saturday	5 p.m.	Camp Walker
Mass	Tuesday-Thursday	11:30 a.m.	Camp Walker

### Area IV Chaplains

Chaplain (Maj.) Richard Bendorf  
bendorfr@korea.army.mil or 764-5455

Chaplain (Capt.) Chris Floro  
christopher.floro@korea.army.mil or 763-7395

Ad goes here



## Chuseok: Celebration and remembrance

By Roger Edwards

Area III Public Affairs

**CAMP HUMPHREYS** — Chuseok, the Harvest Moon Festival, is a major holiday in South Korea. Held on the 15th day of the eighth lunar month, Chuseok was celebrated this year Sept. 17- 19.

Chuseok is a time for families to get together to eat, to renew family ties, to offer thanks for the fortunes of the last year and, more importantly, to show respect to nature and ancestors. The holiday is an important one for Koreans who, when Chuseok dawns, put on their best clothing and begin a series of rituals and activities that culminates in gazing at the full moon that night.

The first order of business is to pay homage to ancestors with foods made from the new harvest. As part of the celebration it is customary to visit ancestor's graves to pay respect, to cut grass and to manicure the grounds.

Koreans traditionally bury their dead in the vicinity of the place they lived. The basic form of the grave is a grass covered mound normally placed on hillsides or other areas difficult to farm.

These mounds may be found scattered throughout the country, near occupied areas, along highways and rural roads. The size of the mound is dependent on the status of the individual interred at the site and may consist of only the mound and a protective ridge along the east, west and north sides, or it may be more elaborate. A stone marker may be placed near the grave, give the name and clan of the occupant and a listing of important achievements. There may be an alter in front of the mound and a small stone table used for burning incense.

There may also be a stone lantern and stone guardian figures. Some families may also plant shrubs at the grave site.



PHOTOS BY ROGER EDWARDS

The size of a burial mound is determined by the status of the person being interred. A person of high status will often have other memorial structures at the burial site. The staircase and gate structure above is the approach to the burial site of Admiral Yi Sun-shin who died in 1598. Yi, a member of the royal court under the Chosun Dynasty, is one of Korea's most famous naval heroes. With only a handful of "Turtleboats" (armored vessels of his design, similar to American Civil War Ironclades), he defeated a Japanese armada of more than 120 vessels. His burial mound (below) is large, reinforced with stone and is now the site of a national shrine.



Traditionally Koreans selected steep hillsides near the family home as sites to bury family members. Generations of the same family may be interred together.



Chuseok, the Harvest Moon Festival, is a time of thanksgiving. It is a time for families to get together, to eat and to celebrate the new harvest. More importantly, it is time to offer thanks and to show respect to nature and to ancestors. Families gather, manicure family burial sites (above) and repair any damage the last year has done.



Korean burial mounds are found throughout the country. This mound is located in Camp Humphreys Alpha Training Area. In a Korean burial the body is placed in a trench in the ground, packed with clay and covered with earth and sod to form a grass-covered mound. It is usually surrounded by an earthen ridge on the east, west and north to protect it from evil forces from those directions. There may be a stone monument inscribed with the clan and name of the occupant and, perhaps, a listing of important achievements.



Members of a family who remain in a rural area, often take care of family burial sites in the normal course of their daily chores.



In addition to marker stones, burial sites may be equipped with small, low stone tables used for burning incense.





### Soldier Show in Area I

The 2005 U.S. Army Soldier Show, "Operation America Cares," is being performed in Warrior Country beginning Friday. The show, which features an Area I Soldier in Camp Red Cloud's Spc. Chris Ekstrom, will be at Camp Casey's Carey Fitness Center Friday and Saturday. Each night's show begins at 7 p.m. A 3 p.m. matinee will also be presented Saturday.

### Golf Course Breakfast

The Camp Casey Golf Course Restaurant is serving breakfast from 6-9 a.m., Monday thru Friday. For information, call 730-4334.

### Warrior Division Bowling Championship

The Warrior Division Bowling Championship will be at the Camp Casey Bowling Center Monday and Wednesday. The competition is open to all qualified bowlers from camps Casey and Red Cloud Garrison bowling centers. A pre-tournament meeting will be held at 12:30 p.m. Monday. Competition begins at 1 p.m. each day. The top eight male and four female bowlers in the tournament will advance to the Eighth U.S. Army Bowling Championships.

### Military Idol Semifinals

Qualifiers from Casey Garrison and CRC Garrison will compete to be the winner of Area I's Military Idol Semifinals Sept. 30 at CRC's Mitchell's outdoor stage. Area I Military Idol Finals will be at Casey's Gateway Club Oct. 1, with the winner going on to the Army-wide competition.

### Eighth Army Track & Field

The Eighth U.S. Army track and field competition will be at Camp Casey's Schoonover Bowl Saturday. Registration begins at 8:30 a.m. Competition begins at 10 a.m.

### Red Cross Classes

Yongsan Red Cross will offer the following classes in September: Babysitter Training -- 9 a.m. to 5 p.m. Monday. Cost of class is \$25; Youth Volunteer Orientation -- 4:30 - 6 p.m. Saturday. Class is free of charge; First Aid/CPR -- 9 a.m. to 3 p.m., Thursday. Class fee is \$30. For information, call 738-3670.

### TMCW Submissions

To submit an item for use in The Morning Calm Weekly's Korea Region events, send it to MorningCalmWeekly@korea.army.mil. Deadline for submission is close of business the Friday prior to the date the item is to be published. For information, call 738-3355.

# Soldier Show performances are homecoming of sorts for USFK Soldier/performers

## Korea Region MWR

**YONGSAN**—The U.S. Army Soldier Show is a high-energy MTV-style 90-minute live musical review showcasing the talents of active duty soldiers who are selected by audition from throughout the Army. They are amateur artists who have a passion for music, dance and performing. The 2005 United States Army Soldier Show will feature 7 performers from Korea.



Spc. Allison Carpenter, stationed at Camp Humphreys, is originally from Altoona, Pa. She graduated from Penn State University, where she earned a bachelor's in crime law and justice. She was a member of the national champion "Touch of Blue" majorette line, part of the Penn State Marching Blue Band. She would like to thank her husband, Jonathan, for all his support, and sends him her love all the way back to Korea.



Spc. Chris Ekstrom, stationed at Camp Red Cloud, was born in Michigan, but at age five moved to Chicago, where he discovered music. He developed as a singer through school choirs. After high school graduation, he joined the Army and has since been stationed at Fort Wainwright, Alaska; Fort Eustis, Va.; Fort Bragg, N.C., and Camp Red



TIM HIPES

First Lt. Christina Fanitzi of Camp Humphreys, South Korea, sings Gwen Stefani and Eve's "Rich Girl" during rehearsals for the 2005 U.S. Army Soldier Show.

Cloud in Korea.

Pfc. Abraham Hazbun Jr., stationed at Camp Humphreys, was born in Orange County, Calif. He grew up on the beaches of the Newport Bay area, enjoying the waves and studying computer science. His hobbies include C++ programming, video editing,



singing and swimming.

Spc. Dawn Hudson, stationed at Camp Coirer, hails from Philadelphia and has been singing for as long as she can remember. In middle school, she joined the "American Music Theater Festival,"



which traveled to schools around town to perform plays. She also has performed at the Philadelphia Arts Bank. At University City High School, she participated in almost all performing arts offered. She is excited to be in the 2005 Soldier Show, and plans to use the experience to further her musical career.



First Lt. Christina Fanitzi, stationed at Camp Humphreys, hails from Milton, N.Y., and is a graduate of George Washington University, where she participated in

ROTC. She has performed in "42nd

Street" and "Bye Bye Birdie." She placed second in the solo specialty category of the Army's Margaret "Skippy" Lynn Stars of Tomorrow Talent Contest. She is extremely proud to be a part of this



year's Soldier Show and would like to thank God for his blessings and her family and friends for their support. Staff Sgt. Kent Kramer, stationed at Camp

Humphreys, was born on Christmas Day in Trenton, N.J. At age 11, he began singing in church. At 17, he joined Proclaim, a contemporary Christian/Southern gospel group. He joined the Army in March 1995, and has since been stationed at Fort Drum, N.Y., Joint Intelligence Center Pacific in Hawaii, and Camp Humphreys, Korea. His band,



Creative Revolution, is working on signing a record deal.

Spc. David Linson II, stationed at Camp Carroll, was born in May 1984 and grew up

in Sherman, Texas. He fell in love with music at an early age by playing with his father. He is a well-rounded musician who plays piano, saxophone and guitar. He joined the Army in 2002.

Concert brought to you by Army Entertainment and MWR. All performances are open to ID card holders and free of charge. For information, contact your local MWR Entertainment Office or 723-3749.

## 2005 Soldier Show Korea performances

### Friday

Camp Casey's Carey Gym, 7 p.m.

### Saturday

Camp Casey's Carey Gym, 3 p.m. and 7 p.m.

### Monday

Camp Walker's Kelly Gym, 7 p.m.

### Tuesday

Camp Walker's Kelly Gym, 7 p.m.

### Thursday

Camp Humphreys, Post Gym, 7 p.m.

Admission to all performances is free. Most seating is on a first-come, first-served basis. For information, contact the local MWR office.



## Humphreys hosts medical field training

By F. Neil Neeley

Area III Public Affairs

**CAMP HUMPHREYS**— Explosions and smoke filled the air as bodies littered the ground at Camp Humphreys this week. No, it wasn't a terrorist attack but a medical field training exercise that brought medical specialists from all over the United States and the Pacific region together into one cohesive unit to practice their medical and soldiering skills.

The exercise is planned to take place quarterly and Capt. Clayton Carr, of B Company, 168 Medical Battalion in Yongsan, was chosen as commander of the first quarter exercise.

"We've got a good operation going on," Carr said. "In a real-world situation there might not be enough medical assets on hand to handle the situation and still maintain full operations in the rear. That's why it's important for unrelated units to train to work together."

These unrelated elements are known as professional fillers or "PROFIS."

"I am really pleased with our Soldiers' morale and motivation," Carr said. "That not only applies to our battalion Soldiers, but to our professional fillers as well. Any time we transition to hostilities they become an intricate part

of our unit.

"We want to create some scenarios where they can get some super training," Carr said.

The Soldier-medics formed four companies and rotated through several different training scenarios. One scenario had the medics triaging and treating casualties from an improvised explosive device. Another scenario had them evaluating the scene of a chemical agent attack and decontaminating mass casualties.

"With mass casualties, we want to stabilize what we can here on the battlefield," said Carr. "After we triage them, we call up to the battalion level and decide who we'll have to evacuate out of here."

Carr sees the exercise as valuable training for commanders too. "I'm the first one in the chute for training this year," he said. "Every time you do something for the first time you've got a lot of great things happening, but you've also got a lot of lessons to learn."

"We want to build up some After Action Review comments," he continued, "so when the next commander comes in to test Command and Control, he can improve the training."



PHOTOS BY F. NEIL NEELEY

Pfc. Joshua Joyner, A Company, 168th Medical Battalion from Camp Red Cloud, stabilizes Pfc. Steven McCants, C Company 168th Medical Battalion, Camp Humphreys, prior to transporting him to a field medical hospital. McCants had a simulated back injury, inflicted by a simulated improvised explosive device. He played his part enthusiastically. Both Soldier-medics were part of the medical field training exercise held Monday thru Wednesday at Camp Humphreys.



Soldiers in MOPP gear react to a simulated nerve agent attack during the medical field training exercise held Monday thru Wednesday at Camp Humphreys.



Spc. Clayton Corne (left foreground), 168th Medical Battalion from Tripler Army Medical Center, Hawaii, and Pfc. Joshua Joyner, A Company, 168th Medical Battalion from Camp Red Cloud (left background), transport Sgt. Eric Tulgetske C Company, 168th Medical Battalion, Camp Humphreys, to a waiting ambulance. Tulgetske played the part of an amputee injured after a simulated improvised explosive device detonated nearby.



Staff Sgt. Robert Christensen, (right) D Company, 168th Medical Battalion, Camp Walker, gives an on-the-spot evaluation to Sgt. John McGee B Company, 168th, out of Yongsan. Both Soldier-medics were part of the medical field training exercise held at Camp Humphreys.



## NEWS & NOTES

### The Painted Door Thrift Store

The Painted Door Thrift Store is open 10 a.m. to 2 p.m., Wednesday and Friday, and the first Saturday of the month.

The Painted Door is expanding to become a "Thrift and Gift Store." Crafters are needed to help stock the new gift shop operation. Consignments are being accepted Fridays, and donations are welcome. Volunteers are needed to work at the Painted Door. For information, contact the United Club by e-mail at unitedclubarea3@yahoo.com.

### New CPX Gate Traffic Pattern

Drivers can expect delays at the CPX gate until Oct. 6. The CPX commercial parking area is being repaved and cured. Visitor and commercial traffic is being directed to the wash rack across the street for processing and inspection.

### Area III Catholic Mass

There will be no Catholic Mass at Camp Humphreys Sunday. Buses going to the Mirinae Shrine for Mass and a picnic will depart from Freedom Chapel at 9:30 a.m. Sunday, and will return at about 3:30 p.m. For information, call 753-7276.

### Cub Scouting Parents Meeting

There will be a meeting for parents who want their sons to participate in Cub Scouting at 6 p.m. Thursday at the Camp Humphreys Youth Center. Attend and find out how to get your kid into the Cub Scouts. For information, call 753-6940.

### Combined Federal Campaign 2005

The Combined Federal Campaign for 2005 (Oct. 17 through Dec. 15) will kick off with a ceremony at the Camp Humphreys Exchange at 11:30 a.m. Oct. 12. There will be cake, a guest speaker and door prizes. Everyone is welcome to attend. For information, call 753-8618.

### CFC Key Person Training

Training for Combined Federal Campaign key persons will be held at Camp Humphreys Multipurpose Facility (the base theater) from 2 to 4 p.m. Tuesday. Command Sgt. Maj. Robert Frace will deliver the keynote address and trainees will receive an overview of their duties. Refreshments will be available. For information, call 753-8618.



Pfc. CHARLES SLOANE

The first BOSS Change of Responsibility ceremony is held Saturday, Sept. 17 at the Area III BOSS Ball. Participants are newly elected Humphreys BOSS Vice President, Pfc. Shaun DeGroff (right); newly elected Area III BOSS Coordinator, Spc. Philip Carmichael (center face forward); outgoing BOSS leader Spc. Christopher Mastromarino (center back forward); and Area III and Camp Humphreys Commander, Col. Michael Taliento (left).

## Area III BOSS holds Change of Responsibility, announces Army awards at first ever BOSS Ball

By Roger Edwards

Area III Public Affairs

**CAMP HUMPREYS** – It was a big night for Area III Better Opportunities for Single Soldiers Saturday.

"We held the first ever BOSS Ball at the Humphreys Community Activity Center," said Spc. Philip Carmichael, newly elected Area III BOSS coordinator.

"We hosted more than 70 people to a dinner-dance, introduced new Area III officers, presented awards and held the first ever Change of Responsibility ceremony for BOSS.

"We also announced that the Camp Humphreys BOSS program was named second place for a medium size installation, and the BOSS program at Suwon was named second place for a small

installation at Department of the Army competition in Washington, D.C."

"Area III installations won because of the outstanding Soldiers active in our programs," said Spc. Christopher Mastromarino, outgoing Area III BOSS coordinator and Camp Humphreys BOSS president, "and also because of the outstanding support we've received from Area III command."



ROGER EDWARDS

### Quality of life

Jan Johansen pens a suggestion on how she thinks the Army Corps of Engineers might improve new family housing. Johansen was one of the spouses who toured two completed models in Camp Humphreys' new Family Housing tower Sept. 16. Upon entry, each spouse was issued a pen and pad of "sticky notes" and urged to inspect the facility closely, writing out comments and suggestions for improvements.

The quarters, one three bedroom and one four bedroom, were finished and furnished ahead of the remainder of the building in order to allow good suggestions to be incorporated "if cost is not a factor," said Brandi Dennis-Pena, Family Housing project engineer for the Corps. "If the suggestions are good but can not be used in this building, they will be kept for future family housing projects."

"I suggested that the closets need built-in shoe racks," said Johansen. Other suggestions ranged from using corner protectors to avoid damage to the walls, to lowering closet poles to a height more manageable for children.

### Relief continues

After a classroom discussion on Hurricane Katrina and the damage she inflicted on New Orleans and the Gulf Coast, fifth-grader Emily Taliento (center) decided to do something to help. She wrote a letter requesting permission to hold a fund-raiser Saturday, selling hot dogs, beverages and baked goods in the Camp Humphreys Exchange foyer. She and her friend, third-grader Sarah Boyd, have donated more than \$800 to the American Red Cross for Katrina relief. Here Lt. Col. Brenda Pedersen buys a cake from the pair.



NANCY TURNER





Brig. Gen. Steven Anderson, deputy commanding general, U.S. Forces Korea (Advance Element), addresses the crowd attending Area III's POW/MIA memorial dedication.



PHOTOS BY ROGER EDWARDS

Friday's Color Guard for the POW/MIA memorial dedication included the United States Flag, the Republic of Korea Flag and flags from each branch of service.

## Area III, Anjung-ri VFW honor POWs, MIAs

By Roger Edwards

Area III Public Affairs

**CAMP HUMPHREYS** – Area III has joined with Chief Warrant Officer Benjamin Humphreys Memorial Post 10223, District III (Korea) of the Veterans of Foreign Wars in honoring America's Prisoners of War and Missing in Action; and those of her allies.

Sept. 16 was reserved as America's day to honor POWs and MIAs. Area III's observance came in two parts. Each dining facility at Camp Humphreys was equipped with a Missing Man Table display and a volunteer to explain the symbols used. The table itself is reserved to honor those missing in the performance of their duties.

The table is round to show America's everlasting concern for the missing. The tablecloth is white to symbolize the purity of their motives when answering the call to duty. The single red rose reminds of the life of each of the missing, the ribbon on the vase symbolizes continued determination for an accounting. The lemon wedge on the plate is for the bitter fate of those

captured or missing in a foreign land, and the salt on the plate is for the tears of those missing and of their families.

The Bible represents the strength gained through faith in God and country. The inverted glass shows their inability to share in the toast.

Finally, the empty chair is the clearest symbol of all.

The second part of the observance was the dedication of a new memorial plaque at Camp Humphreys' Beacon Hill Memorial Park.

The dedication ceremony was attended by members of Anjung-ri's VFW Post and by Soldiers and civilians, Korean and American.

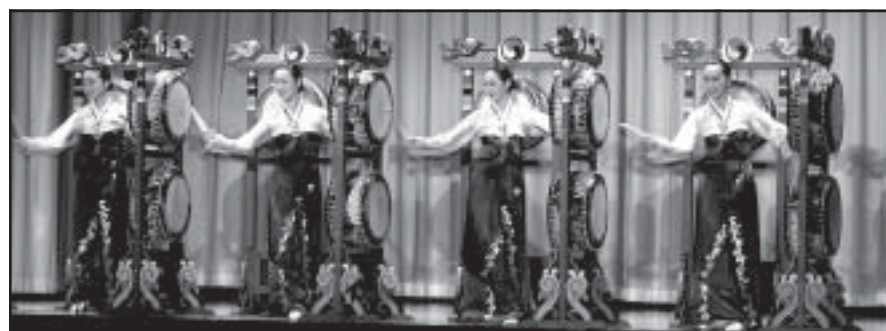
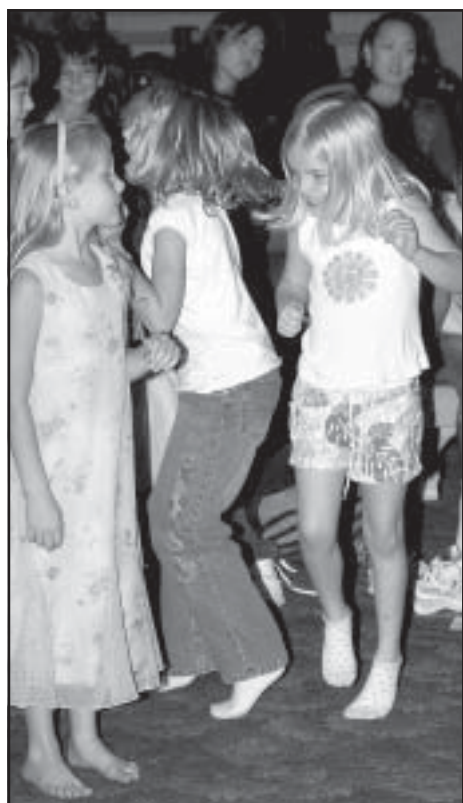
Brig. Gen. Steven Anderson, deputy commanding general, U.S. Forces Korea (Advance Element) and guest speaker for the event, addressed the importance of remembering those who have served our nation but who have not yet come home. Following the dedication, the general urged all those still in uniform to shake the hands of those veterans attending the ceremony.



Brig. Gen. Steven Anderson discusses the importance of the dedication with Billy Haney, commander of the Anjung-ri VFW.

## Cultural Exchange

Humphreys American Elementary School students (left) find the rhythms of the O-go Mu or Drum Dance (below) infectious while attending the Gyeonggi Province Korean Cultural Experience program at the Community Activity Center Sept. 15. The province brought the performance troop to Camp Humphreys for Chuseok. In addition to the drum dance, the troop performed Tae-Pyung-Mu (Dance of Peace), the Samulnori (an ensemble of farmers' percussion instruments), a comic traditional Korean mask dance known as "Happy Day," a fan dance and a farmers' music dance.



PHOTOS BY ROGER EDWARDS

## Open House



ROGER EDWARDS

Fifth-grade teacher Sue Ko explains how parents can help their children with school work during the 2005/2006 school year during the HAES Open House. Sept. 14. The meeting gave parents the opportunity to meet the teachers at Humphreys American Elementary School and to discuss school-related issues.

*Ad goes here*



## Panamanian ambassador kicks off Hispanic month

By Galen Putnam

Area IV Public Affairs

**CAMP WALKER** – Daegu might be distant from the hustle and bustle of the capital city, Seoul, but that didn't stop one international dignitary from trekking to Camp Walker to help kickoff Hispanic Heritage Month.

Panamanian Ambassador to the Republic of Korea, Dr. Daniel Abrego, was on hand for the celebration at the Camp Walker Library Sept. 15. The celebration, hosted by Col. Donald J. Hendrix, Area IV Support Activity Commander, featured live music by Lt. Col. Herman Gonzalez, communications chief, Combat Support Coordination Team #2, and Maj. Jose Torres, executive officer, 36th Signal Battalion. Guest Speaker was Don Cannata, Area IV Support Activity Morale, Welfare and Recreation director.

"I am very happy to be here. I feel very much at home with all these warm people," Abrego said. "When I heard the gentlemen playing the music, it made me think of my home, but also how Hispanic countries are together (as one)."

"It was an honor to have him. The Hispanic community was really excited and very proud," said Libna Rivera, who coordinated the event. "It was nice of him to take his time to come all the way down here."

Abrego will be the keynote speaker at Tuesday's



*Panamanian Ambassador to the Republic of Korea, Dr. Daniel Abrego, and Yolanda Greer, wife of Leo Greer, Camp Walker Lodge manager, dance to Hispanic tunes during the Hispanic Heritage Month kickoff celebration Sept. 15 at the Camp Walker Library.*

Hispanic Heritage Month Commemoration Program at the Evergreen Community Club. The event is free and open to the public.

"We have a lot of events planned for Hispanic Heritage Month," said Sgt. 1st Class Stephanie Buxton, 19th Theater Support Command equal opportunity advisor. "There will be many opportunities for the community to come out to learn more about Hispanic

culture and what Hispanics have contributed to help make America what it is today."

Area IV events include:

Friday: Teen Dance, Camp Walker Teen Center, 6 – 9 p.m. The free dance is for youth grades 5 – 12. For information, call Kim Granado at 761-3184 or 010-8695-3184.

Saturday: Hispanic Food Tasting, Camp Walker Main Exchange, 11: 30 a.m. – 1 p.m.

Sunday: Hispanic Heritage Month Commemoration Program. The 19th Theater Support Command and Area IV Support Activity Hispanic Heritage Month Commemoration Program is 11: 30 a.m. – 1 p.m. Tuesday at the Evergreen Community Club on Camp Walker. Guest speaker is Dr. Daniel Abrego, Panamanian Ambassador to the Republic of Korea. For information, call Sgt. 1st Class Stephanie Buxton at 768-8542.

Sept. 30: Hispanic Heritage Celebration, Pusan American School, 1:40 p.m. The program will feature presentations, food, singing and dancing. The event is open to the public. For more information, call Angela Grieco at 763-3177.

Oct. 1: Hispanic Heritage Month Potluck, Soldier Memorial Chapel, Camp Walker, 6 p.m. Potluck will follow Mass. The public is invited and participants are

See **Hispanic**, Page 27

## POW/MIA Remembrance Day



*Veterans of Foreign Wars members and other motorcycle enthusiasts park their cycles at the Evergreen Community Club following a mini "Rolling Thunder" ride from Camp Henry to Camp Walker Sept. 16. The ride preceded the annual VFW Hill 303 Memorial Post 10033 National POW/MIA Recognition Day Ceremony held at the club.*



*VFW Hill 303 Memorial Post 10033 Chaplain Dave Boshans, blows "Taps" during the post's annual National POW/MIA Recognition Day Ceremony Sept. 16.*



*Several riders flew the POW/MIA and American flags from their motorcycles.*

PHOTOS BY GALEN PUTNAM



## NEWS &amp; NOTES

**Holiday Greeting Videos**

An Army and Air Force Hometown News Service video team will tape "Holiday Greetings" 8:30 a.m. – 4 p.m. Oct. 7 at Camp Hialeah Army Community Service and 10 a.m. – 5 p.m. Oct. 8 at the Camp Walker Main Exchange. On-duty Soldiers must be in uniform. Off-duty Soldiers need not be in uniform but must have brown T-shirt and BDU top to wear. The videos will be sent to television stations in the United States to air in December. For information, call the IV Support Activity Public Affairs Office at 768-7604.

**Fund Raising Class**

Fund Raising 101 will be held 10 a.m. Sept. 30 at ACS Bldg. 1103 on Camp Henry. The class is for all unit personnel and individuals from community organizations involved with fundraising. Registration deadline is Monday. For information, call Bonnie McCarthy at 768-8126.

**Hispanic Heritage Month Program**

The 19th Theater Support Command and Area IV Support Activity Hispanic Heritage Month Commemoration Program is 11:30 a.m. – 1 p.m. Tuesday at the Evergreen Community Club on Camp Walker. Guest speaker is Dr. Daniel Abrego, Panamanian Ambassador to the Republic of Korea. For information, call Sgt. 1st Class Stephanie Buxton at 768-8542.

**Army Soldier Show**

The 2005 Army Soldier Show will be held 7 p.m. Mon. – Tue. at Kelly Field on Camp Walker. This year's theme is "Operation America Cares." The show is free. For information, call Mark N. Juliano at 765-8118.

**Family Readiness Group Rally**

The annual Area IV Family Readiness Group Rally will be held 11 a.m. – 3 p.m. Oct. 1 at Kelly Fitness Center on Camp Walker. Games and activities include flower arranging, a chili cook-off, spades and dominoes competitions and much more. For information, call Kiya Reed at 768-7610. The event is part of the annual peninsula-wide Family Readiness Group Rally.

**TSA Fall Bazaar**

The annual Taegu Spouses Association Fall Bazaar will be Oct. 1 – 2 at Kelly Fitness Center on Camp Walker. Several new vendors will be participating this year. For information, call Christie Holmes at 210-6129 or Sherry Page at 210-6005.

**Putt 4 Dough Promotion**

A Putt 4 Dough promotion will be held Oct. 8 at the Evergreen Golf Course. Make three putts in a row from 10, 25 and 50 feet and walk away with \$10,000. For information, call Ray Cragun at 764-4601.



Spectators react to the on-court antics of the Harlem Globetrotters.

PFC. PARK KWANG-MO



"Globe" grooves with a fan before the game.

GALEN PUTNAM

## Harlem Heirloom Globetrotters a timeless treat



GALEN PUTNAM

The Original Harlem Globetrotters warm up in their trademark "Magic Circle" to the sound of "Sweet Georgia Brown" their longtime theme song. The Globetrotters, originally from Chicago, are in their 80th season of entertaining fans around the world. The team has racked up nearly 21,000 victories in more than 115 countries. They have played in front of more than 120 million fans. Alumni include luminaries such as NBA hall-of-famer Wilt Chamberlain, Meadowlark Lemon, Fred "Curly" Neal, Hubert "Geese" Ausby, Marques Haynes and many others. The current roster features Michael "The Animal" Wilson who, at six-feet, five-inches, holds the Guinness world record slam dunk of 12 feet.



GALEN PUTNAM

Globetrotter Kevin Daley goads referee Barry Terry. Besides sublime basketball skills, the Trotters bring comedic skills to the court. And yes, the old "Bucket of Confetti" gag is still part of the show.



GALEN PUTNAM

Contestant participants display their Globetrotter garb.



Hispanic

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encouraged to bring a Hispanic dish to share. For information, call Angie Quinata at 475-9629.

Oct. 6: Hispanic Heritage Celebration, Camp Carroll Community Activities Center, 5:30 p.m. Event will include a guest speaker, food, music and dancing. For information, call Glenn Groome at 765-7230.

Oct. 7: Hispanic Cooking Class, Camp George Bldg. G, Room 101 (Camp George Family Center), 10 a.m. The cooking class and sampling session is open to adults. There is no fee or registration. For information,

call Marcela Lamontagne at 768-9424.

Oct. 7: Latin Night Dance, Hilltop Club, Camp Walker, 8 p.m. – 1 a.m. Adults only. No cover charge. For information, call Libna Rivera at 473-4624 or 010-3149-1758.

Oct. 15: Hispanic Heritage Month Grand Finale, Kelly Field, 2:30 p.m. Activities will include dancing, a fashion show, food sampling and more. Inclement weather location is Kelly Fitness Center. For information, call Sgt. 1st Class Stephanie Buxton at 768-8542.



GALEN PUTNAM

Lt. Col. Herman Gonzalez, communications chief, Combat Support Coordination Team #2, strums tunes during the Hispanic Heritage Month kickoff celebration Sept. 15 at the Camp Walker Library.

NEWS & NOTES

Fatherhood Study Group

A study group emphasizing fatherhood will be held 3 - 5 p.m. Oct. 7 and 14 at Camp Henry Army Community Service. The study group is designed for fathers whose children are newborn through age five. Registration deadline is Oct.6. For information, call Kim Song-min at 768-7134.

Family Trip to Pottery Studio

A trip to the Ga-gi Art, pottery studio is scheduled 1 – 5 p.m. Oct. 8. Cost is 10,000 won for each participant. Registration deadline is Oct. 6. For information, call Kim Song-min at 768-7134.

NEO Preparedness Class

A Noncombatant Evacuation Operations Preparedness Class will be held 11:30 a.m. – 1 p.m. Oct. 14, at Army Community Service, Building 1103, on Camp Henry. The class will include a NEO briefing, information on how to prepare a NEO kit, Sail Away/ Fly Away information and more. For information, call Kiya Reed at 768-7610.

Photography Contest

The KORO MWR 2005 Korea-wide Photo Contest for servicemembers, family members, retirees and DoD civilians is now under way. Entries will be accepted in five categories including people, military life, place, thing, and experimental process. Formats include black and white print, color print and short film. Deadline for submissions is Sept. 30. Winning entries will be forwarded to the Army photo contest. For information, call Chong Sam-yong at 764- 4123.



# Army's Nemechek has his own 'chase' to race

By David Ferroni

Army News Service

**LOUDON, N.H.** — Joe Nemechek, who currently sits 15th in the driver point standings — 10 positions better than where he was last year at this time - will be looking for some déjà vu as the Nextel Cup season heads into the 10-race homestretch.

During the final 10 races of 2004, Nemechek earned one of the best records on the circuit with one victory, three top-fives, six top-10s and two poles.

The streak started with a sixth-place finish at New Hampshire International Speedway, site of Sunday's Sylvania 300 and the opening race for the Chase for the Nextel Cup where Nemechek came in 25th.

Though Nemechek did not qualify for the 10-driver Chase, and despite the 25th place finish, it will still be full throttle for the U.S. Army driver from here out.

"We have our own Chase and that's to finish off the year with results that will put us 11th in points when the checkered flag waves at the season finale in Homestead," said Nemechek. "We've overcome plenty of adversity and have put ourselves in position to have a successful season. Our soldiers continue to inspire us and we want to give them a finish that they'll be proud of."

Nemechek could not have picked a better facility than New Hampshire's Magic Mile to begin his quest for the top finishing spot among the non-qualifiers for the Chase.

"I've had success at New Hampshire, including my first career Cup win (Sept. 19, 1999)," said Nemechek. "Along with New Hampshire there are a number of tracks coming up that we have done well at in the past. Barring any unforeseen problems, we should run up front this weekend and get off to a fast start for the final 10-race stretch."



MAJ. WILLIAM THURMOND

*Joe Nemechek, driver of the Army 01 Chevrolet, races with Tony Stewart down the backstretch of Richmond International Speedway during Saturday's Chevy Rock & Roll 400. Nemechek struggled all night with an ill-handling racecar and finished a lap down in 26th place. Stewart finished the race in seventh place, his 12th-straight top ten finish. Stewart leads the field of 10 drivers eligible for the NEXTEL Cup championship.*

In the July race at New Hampshire, Nemechek had a fast car, but finished 18th.

"That was a weird race for us," said Nemechek. "The Army Chevy was great, but we not only got boxed in the pits three different times, we also got hit exiting the pits. Every time we started to make a move to the front, a pit-road incident would drop us to the back. Hopefully we won't have to contend with all of that bad stuff this weekend and get the finish that we're capable of achieving."

Crew chief Ryan Pemberton had a similar take about the last race at New Hampshire.

"The way the car ran and the way Joe drove — the 18th-place finish was an injustice," said Pemberton in post-race interviews. "It seemed like every time we were set to make a move something out of our control would happen to stall the momentum."

Aside from claiming his first career Cup win at New Hampshire, Nemechek's first Cup start (July 11, 1993) also came at the New England facility.

"I continue to have a special feeling when I return to New Hampshire," said Nemechek. "My goal this weekend is to add another career highlight to my New Hampshire resume."

*Ad goes here*



# 가을철 건강 관리 및 유지 방법

이병 이양원  
제 2지역 공보실

10년만의 폭염이 물러가고 아침, 저녁 바람이 다소 쌀쌀하게 느껴지는 가을이 성큼 우리곁에 돌아왔다.

‘천고마비’의 계절인 가을은 높고 푸른 하늘과 선선한 날씨로 나들이하기 좋은 계절이지만 자칫 방심하다가 환절기 질환에 노출될 수 있다. 조심해야 할 가을 환절기 질환과 이를 예방할 수 있는 건강관리 요령을 살펴본다.

◇바이러스성 장염=고온으로 인해 음식이 상하기 쉬운 여름에는 세균성 장염이 발생하지만 기온이 떨어지면 ‘바이러스성 장염’으로 바뀌게 된다. 이 경우 의사가 아니라도 쉽게 질환을 구분할 수 있다.

세균성 장염의 경우 배가 싸르르하게 자주 아프고 혈변을 보지만 바이러스성 장염은 대개 물이 많이 섞인 설사가 나온다. 심하면 하루 10회 이상 화장실을 가게 되나 배는 많이 아프지 않다. 하지만 수분 소실에 의한 탈수가 올 수 있다.

주로 바이러스성 장염은 대변에 있는 바이러스가 입으로 들어와 전염되는 것이므로 예방을 위해 손을 자주 씻는 것이 좋다. 또 환자를 격리시켜 환자와의 접촉을 피해야 한다.

◇피부건조증=피부가 당기고 입가에 하얗게 각질이 일어난다면 ‘가을피부 건조증’을 의심해봐야 한다. 가을피부 건조증은 기온이 낮아지면서 땀의 분비가 줄어들고 건조한 기후에 우리 몸이 노출되면서 피부표면의 각질층에 함유된 수분량이 감소하기 때문에 발생한다. 피부건조증에 의한 가려움증을 예방하려면 너무 뜨거운 물이나 잦은 목욕을 피해야 한다.

특히 목욕 후에는 피부의 습기를 유지시켜 줄 수 있는 보습제를 전신에 바르는 것이 필요하다. 또 실내온도는 너무 덥지 않게 하고, 옷을 가볍게 입어서 비교적 서늘하게 지내는 것이 좋다. 하지만 가려운 부위를 긁지 않는 것도 이에 못지 않게 중요하다.

◇기관지천식=천식은 가을철, 특히 9월에서 11월 사이에 악화된다. 급작스런 기온 변화와 이에 따른 호흡기 바이러스 감염이 원인이다. 호흡기 바이러스에 감염되면 정상인 사람도 약 3~6주 정도 기관지과민성이 나타난다.

가을철에 유행하는 호흡기 바이러스는 라이노바이러스, 인플루엔자 바이러스가 대표적이다. 라이노바이러스는 건강한 사람에서 코감기를 일으킨다. 대개 2~3일의 잠복기 후에 콧물이 나고 코가 막히는 증상이 오며 목이 아프거나 기침이 날 수도 있다.

특히 이 바이러스는 천식환자에게 발작을 일으키는 원인이 되기

도 한다. 인플루엔자 바이러스는 독감을 일으킨다. 감염된 지 2~3일이 되면 콧물이 나고 목이 아프며 고열이 난다.

천식을 예방하려면 먼지진드기, 곰팡이 등이 서식하지 못하도록 주위환경을 깨끗히 하는 것이 중요하다. 또 독감에 걸리지 않도록 예방접종을 하는 것도 좋다.

◇알레르기 비염=가을철에는 차가워진 날씨와 더불어 재채기와 콧물이 흐르며 코가 가렵고 막혀서 고생하는 알레르기 비염 환자들이 늘어난다. 알레르기 비염은 특히 아침에 가장 심한데 재채기와 맑은 물 같이 흐르는 콧물이 특징이다.

이 때 눈의 가려움증도 동반되는데 알레르기 결막염 때문이다. 가을철 알레르기 비염의 주요 원인으로는 기온 변화 이외에 꽃가루를 들 수 있다.

가을에는 특히 쑥이나 돼지풀 같은 잡초류의 꽃가루가 많이 날린다. 잡초류는 환경파괴가 심해지면서 점차 늘어나는데 이 중 돼지풀은 1960년대에는 우리 나라에서 발견되지 않았던 종류였지만 최근에는 도시 주변 하천 근처에서 흔히 볼 수 있다.

알레르기 비염을 막기 위해서는 청결이 최우선이다. 집먼지진드기가 서식할 수 없도록 집안을 물걸레로 깨끗이 청소하고, 이부자리를 햇볕에 말리거나 섭씨 55도 이상의 뜨거운 물로 1~2주에 한 번씩 세탁해야 한다.

◇우울증=가을이 되면 괜시리 마음이 울적해진다는 사람을 주변에서 흔히 볼 수 있다. 사람의 기분에 영향을 미치는 것 중 하나가 바로 햇빛이다.

우리나라와 같이 사계절이 뚜렷한 나라에서는 봄에는 다소 기분이 들뜨고 가을이 되면 우울해질 수 있다.

보통 사람들이 느끼는 이런 기분의 변화는 정상범위에 속한다. 하지만 특별히 우울한 일이 없는 데 아무 것도 하기 싫고, 여기 저기 아픈 것 같기도 하고, 자꾸 한숨이 나오고 심지어 ‘죽고 싶다’는 충동까지 느끼게 된다면 우울증을 의심해봐야 한다. 임상에서는 이런 증상들이 2주이상 거의 매일 하루종일 지속되면 우울증이라고 진단한다.

이 때는 병원치료를 받아야 한다. 우울증은 치료하면 증상이 좋아질 수 있는 질환이다. 다만 우울체질적인 사람의 경우에는 자주 재발할 수 있으므로 장기적인 치료를 받는 것이 필요하다.

This article is about  
“Staying healthy in  
the Fall.”

## Learn Korean Easily



Language Instructor  
Minsook Kwon



“O-reh-gahn-mahn  
-eem-nee-dah.”  
“How long since I have seen you?”

Single Consonants											
ㄱ	ㄴ	ㄷ	ㄹ	ㅁ	ㅂ	ㅅ	ㅇ	ㅈ	ㅊ	ㅋ	ㅌ
g	n	d	r, l	m	b	sh, s	ng	j	ch	k	t
Double Consonants											
ㄲ		ㄸ			ㅃ			ㅆ			ㅊ
gg		dd			bb			ss			jj
Single Vowels											
ㅏ	ㅑ	ㅓ	ㅕ	ㅗ	ㅛ	ㅜ	ㅠ	ㅡ		ㅣ	
ah	yah	oe	yoh	oh	yo	oo	you	ue		ee	
Double Vowels											
ㅘ	ㅙ		ㅚ	ㅜ	ㅝ	ㅞ	ㅟ	ㅠ	ㅡ	ㅢ	
eh	yeh		yeh	weh	wah	wuh	wee	ui			

### Word of the week

# 가족

ㄱ ; g, ㅏ ; ah /  
ㅈ ; j, ㅗ ; oh, ㄱ ; g(k)/  
‘gah-johk’

family

### The phrase of the week

## “How is your family?”

# 가족 모두 안녕하세요?

## Gah-johk moh-doo ahn-nyoung-hah-seh-yo?

(your)family

(all)

How is ?

### Conversation of the week

추석 잘 지내셨습니까?

**Choo-soek jahl**

**Jee-neh-syoe-suem-nee-ggah?**

Did you have a good Chuseok?

네.

**Neh.**

Yes, I did.

뭐 드셨어요?

**Mwoe due-syoe-soe-yo?**

What did you eat (for Chuseok)?

송편이요.

**Sohng-pyoen-ee-yo.**

Korean rice cake.

맛이 어때요?

**Mah-shee oe-ddeh-yo?**

What does it taste like?

맛있어요.

**Mah-shee-soe-yo.**

It is delicious.

불고기 *bool-goh-ki*

Grilled beef with vegetables

빈대떡 *bin-deh-ddoek*

Korean pizza

Share this column with a Korean co-worker.